



Your Data Matters to the NHS

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# What does this mean for nursing, midwifery and care staff?

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Nursing, midwifery and care staff have a key role in helping patients understand the importance of information.



For more information about your data rights please visit the Your Data Matters campaign at [ico.org.uk](https://ico.org.uk)

## New data protection regulations - what you need to know:

In May 2018, the strict rules about how data can and cannot be used were strengthened. The NHS is committed to keeping patient information safe and always being clear about how it is used

**Individuals will** be able to ask what happens to their data and for access to the records about them

## The national data opt-out - what you need to know:

**Individuals can** choose whether their confidential patient information is used for research and planning. This will not affect their individual care

**Individuals can** find out more about data use, choose to opt out or change their choice at any time at [nhs.uk/your-nhs-data-matters](https://nhs.uk/your-nhs-data-matters)

**Individuals who** do not wish to opt out do not need to do anything

## Further information and support for nursing, midwifery and care staff:

### Data Protection Regulations:

**Go to:** <https://digital.nhs.uk/data-and-information/looking-after-information/data-security-and-information-governance/information-governance-alliance-iga/general-data-protection-regulation-gdpr-guidance>

**Contact:** The Information Governance Manager or Data Protection Officer at your organisation

### For nurses, every nurse is an e-nurse

**Go to:** [www.rcn.org.uk/clinical-topics/ehealth/current-work](http://www.rcn.org.uk/clinical-topics/ehealth/current-work)

### National Data Opt-out:

**Go to:** <https://digital.nhs.uk/national-data-opt-out>

**Call:** 0300 303 5678 with specific enquiries

**Email:** [enquiries@nhsdigital.nhs.uk](mailto:enquiries@nhsdigital.nhs.uk) (please include 'National data opt out' within the subject)

### Leading Change, Adding Value

**Go to:** <https://www.england.nhs.uk/leadingchange/>

## Data is used to:



Plan NHS health services



Make services safer



Improve individual care



Prevent serious illness



Develop new treatments



Learn more about diseases